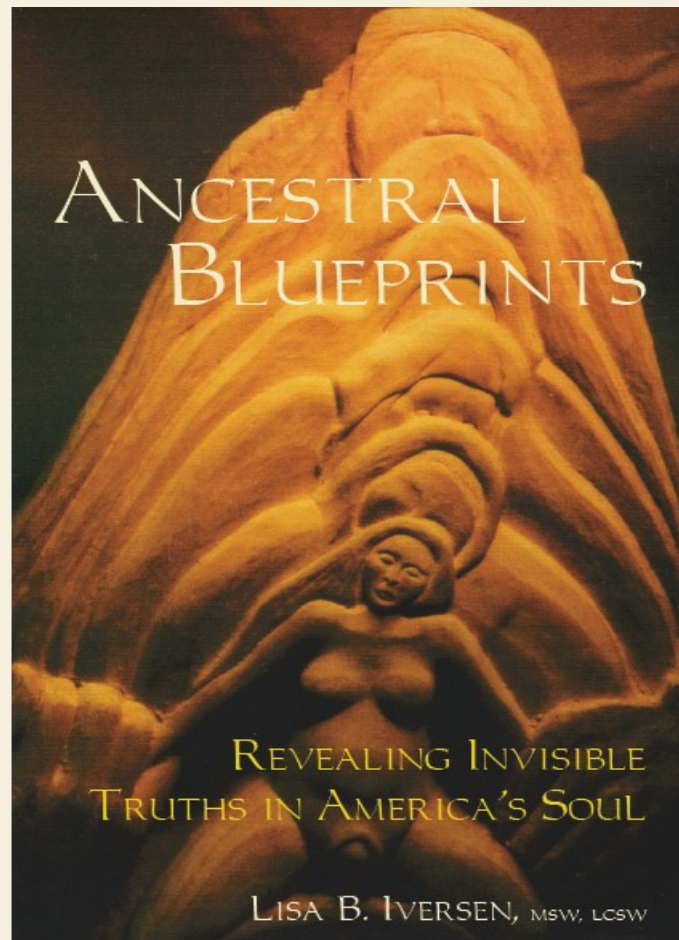


This book contains my reflections on psychotherapy, truth, ancestry, tribe, and democracy. Many who seek therapy to heal their own pain also hope to heal wounded family networks. This hope contains the invisible, often unacknowledged truth that our lives are deeply affected by events that took place in earlier generations. This book offers a compassionate framework for observing and interacting with life, inspired by our ancestral blueprints.

Lisa B. Iversen, MSW, LCSW

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